

REMINDERS

- Shake bottle thoroughly prior to application
- Use Nitrile gloves when applying
- Do not over apply solution
- Keep away from contact with the skin
- Keep away from irritated scalp or open abrasions
- Blow dry the hair 100% dry with cool-medium air before ironing the hair
- For virgin hair: during step 1, second shampoo, squeeze water out, clip hair and apply a plastic cap. Have client sit under dryer on medium heat for 5 minutes with shampoo on their hair. Then continue on to step 2.

IRON TEMPERATURE

Fine/damaged Hair	390° F (200° C) 6 times base to mid 3 times porous ends
Medium Hair	410° F (210° C) 8 times base to mid 4 times porous ends
Coarse / Resistant Hair	450 F (230 C) 8 times base to mid 4 times porous ends

When flat ironing it is VERY important you follow the technique in step 9. The finer the sections, the smoother the results will be. Pass slowly and steadily over the hair six to eight times. You will notice the cuticle is closed and the hair appears shiny.

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FAQs

What is Trissola True? True is a heat-activated restructuring keratin treatment that can be used on all hair types. True will leave hair smooth, frizz-free and manageable with incredible shine for up to six months. Wash and style the same day.

Do I need to apply Trissola True panel-by-panel or can I apply it in small sections? It is best to apply panel-by-panel to ensure quick and comfortable application for you and client. Applying in small sections can create oversaturation of solution, difficulty in blow-drying and excess smoke when ironing.

Can I apply Trissola True to the whole head and then blow-dry the hair? No. It is essential to apply and dry with cool to medium air two panels at a time, to ensure comfort to both you and your client. This exclusive method ensures safety and reduces smoke and fumes to a minimum. Note: Never use high heat. Follow the step-by-step technique accordingly.

What are some key points to remember when applying Trissola True? When drying the front panels, blow-dry away from face to avoid contact with eyes or skin. As you iron hair, watch where the smoke is going and move your body position away from it at all times.

Can I apply hair color right before Trissola True treatment? Yes, for optimal results color hair two days before treatment. A demi or semi-permanent color may be applied during the service after ironing procedure. Rinse hair thoroughly before applying demi or semi-permanent color and follow with pH balancing mask.

Can Trissola True treatment be done on chemically treated, previously straightened or relaxed hair? Yes, but it is recommended to wait a few days between any chemical services, and complete a strand test first. You will need to adjust the temperature of the iron accordingly, depending on the hair structure.

Can Trissola True be applied onto hair extensions? Yes, but make sure solution is at least 1/2" away from bond or tabs, and iron accordingly.

How often can clients have Trissola True treatment done and do I have to redo whole head each time? Yes. You will need to reapply Trissola True to all of the hair, treatment is not permanent and will not break disulfide bonds. Pass iron more on base to mid-shaft and less on mid-shaft through ends. Too many iron passes on hair ends can make them brittle and dry. Please refer to the step-by-step procedure.

Is it important to avoid Trissola True coming in contact with scalp? Yes, keep Trissola True 1/8" to 1/4" away from scalp as this treatment may cause scalp to become sensitive or itchy. If any irritation occurs, rinse treatment out immediately.

When shampooing hair what are some key points? Do not manipulate or scrub scalp with Prep Shampoo. The pH of the shampoo may lead to irritation and sensitivity of scalp if over manipulated. Shampoo hair once and leave on for 5 minutes, then rinse. You may shampoo twice for coarse and resistant hair. Note: The hair should feel squeaky clean.

Can I use brushes when blow-drying hair? NO. Use fingers only to dry hair. Brushes will compromise the elasticity of hair structure, and placing a dryer directly on the brush will create smoke.

Can I skip Step 3 (the pH balancing mask) or have client use it at home? Absolutely not! This step must be done immediately after ironing hair to restore the proper pH balance, sealing in the treatment for longevity, adding shine and ensuring that hair is healthy.

Can client wash their hair right after Trissola True, and what shampoo and conditioner should they use? Yes, clients may wash their hair at any time with no restrictions! For guaranteed results we recommend using Trissola sulfate, phosphate, and paraben free home care line. Salts and some sulfates found in other hair care lines will wash Trissola True treatment out quickly.

Will swimming in a pool or sea affect treatment? Yes. Salt from the sea and chlorine from the pool will strip hair, reducing longevity of treatment. We recommend clients apply Trissola Conditioner to damp hair for protection before entering pool or sea. It is important they rinse hair thoroughly and cleanse with Trissola Shampoo to remove sea salt or chlorine and follow with Intense Hydrating Mask.

How often can Trissola True treatment be done and how long will it last? The treatment will last up to six months depending on porosity, texture and how often client washes hair. Treatment can be reapplied when hair is becoming unmanageable or frizzy.

Can Trissola True be used on children, pregnant or nursing women? No, it is not recommended, client should consult a doctor first.

Proper ventilation is always important during any chemical procedure!

TRISSOLA®

TRUE
RESTRUCTURING
KERATIN
TREATMENT

STEP-BY-STEP GUIDE • STEP-BY-STEP GUIDE

- Eliminates frizz and curls
- Adds incredible shine for 3-6 months
- Coconut oil essential proteins nourishes damaged hair
- Keratin enhances long lasting conditioning
- Panthenol pro-vitamin B-5 provides abundant hydration and shine
- Complex blend of fatty acids improve overall hair health

A NEW AGE OF HAIR TAMING

Trissola's sulfate, phosphate, and paraben free home care line features a color safe formula and provides UV protection. Trissola's Hydrating Shampoo and Conditioner, Leave-in Conditioner and Intense Hydrating Mask are all infused with protein and fatty acids that hydrate and repair dry to damaged hair.

SAFETY FIRST

This product contains Methylene Glycol. It is important that you follow the step by step procedure to create a safe environment for you and your clients.

- **DO NOT MANIPULATE OR SCRUB DURING SHAMPOO PROCESS**, this will create irritation to the scalp.
- **DO NOT OVER APPLY**. Oversaturation of product will create difficulty in blowdrying and excess smoke when ironing.
- **APPLY AND DRY 2 SECTIONS AT A TIME** to ensure comfort to both you and your client. This exclusive method, will reduce smoke and fumes to a minimum and ensure safety. Follow the step by step procedure.
- **NO BRUSHES FOR BLOWDRY PROCEDURE**. Use fingers only to dry the hair. Brushes will compromise elasticity of hair structure. Placing a dryer directly on the brush will create smoke.
- **KEEP BLOWDRYER AWAY FROM HAIR AND SCALP** approx 3-6 inches to eliminate excess smoke. Always blow dry in downward motion and in one direction to help remove frizz and smooth hair.
- **BLOWDRY ONLY ON COOL—MEDIUM TEMPERATURE**. Hot temperatures will create smoke on wet hair.
- **IRON ACCORDING TO RECOMMENDED TEMPERATURE AND TECHNIQUE SHOWN IN STEP BY STEP PROCEDURE** for consistent results. Too many iron passes will make ends of hair brittle and dry.
- **BE AWARE OF YOUR BODY POSITIONING FOR PROTECTION OF YOU AND CLIENT**. As you iron the hair, keep smoke away from you and client. Watch where smoke goes and keep your body positioned away from it at all times.
- **PROPER VENTILATION IS ALWAYS IMPORTANT**.

HOW TO APPLY

From dull and frizzy to smooth and shiny in just 90 minutes.



1. Apply Step 1 Prep Shampoo from base to ends. Avoid manipulating the scalp! Leave on for 5 minutes, rinse thoroughly, repeat if necessary. Shampoo twice for coarse or resistant hair. Hair **MUST** be squeaky clean, with no residue on hair. For virgin hair, see "Reminders" section.



2. Using your hands, blow dry the hair approximately 70%.



3. Separate the hair into 6 equal panels and secure each panel with a clip.



4. Hold an entire panel beginning at the nape. Apply Keratin solution at base of panel using firm, single brush strokes. Repeat on all 4 sides of panel.



5. Separate panel in half and apply the Keratin solution to the upper and lower parts of the section.



6. Use a fine-tooth comb to comb through the entire panel, from base to ends, making sure entire length is covered with product. **DO NOT** over saturate hair with solution! If there is residue on comb, take away excess solution and apply to next panel.



7. Use blow-dryer set to cold-medium air, dry the two panels completely using your hands, **NO BRUSHES**. It's essential to dry two panels at a time to reduce smoke and fumes. Repeat on remaining panels, two at a time.



8. Apply Keratin solution on two front panels, make sure client keeps their eyes closed. Blow dry away from face to avoid contact with client's eyes and skin.



9. Resection hair and secure with a clip. Take thin sections and iron at a 90° angle perpendicular to the scalp for smooth results. Follow the Iron temperature chart.



10. Rinse the hair thoroughly with warm water.



11. Apply pH Balancing Mask on towel dried hair from scalp to ends. Leave on for 5-10 minutes, then rinse thoroughly.



12. Blow dry and finish as desired. Clients may wash their hair at any time with no restrictions.